



**CITY OF
LA MESA**
JEWEL of the HILLS

Office Space Available

April 2019

LOCATION	SF Available	Date Available	Rate	Broker/ Representative	Brokerage or Firm	Telephone	Comment
7839 University Ave. #103-D	152	Now	\$400/mo.	Vanessa Reza	Pacific Coast Com.	619-469-3600	La Mesa Professional Bldg.
4730 Palm Ave. #214	162	Now	\$3.00 MG	Mark Robak	SDCRE	619-778-3800	Historic Heller Building
4730 Palm Ave. #215	168	Now	\$3.00 MG	Mark Robak	SDCRE	619-778-3800	Historic Heller Building
4730 Palm Ave. #202	190	Now	\$3.00 MG	Mark Robak	SDCRE	619-778-3800	Historic Heller Building
7839 University Ave. #109-B	254	Now	\$450/mo.	Vanessa Reza	Pacific Coast Com.	619-469-3600	La Mesa Professional Bldg.
7777 Alvarado Rd. #406	385	Now	\$2.35 + Utls	Kipp Gstettenbauer	Voit	858-458-0505	Allied Plaza
4670 Nebo Dr.	450	Now	\$1,100 NNN	Scott McMillan	McMillan Law Firm	619-274-0884	McMillan Building
4670 Nebo Dr.	500	Now	\$1,100 NNN	Scott McMillan	McMillan Law Firm	619-274-0884	McMillan Building
7250 University Ave.	578	Now	\$1.25 FS	Erik Egelko	SVN Asset Advisors	805-415-1914	2nd Story Office Space
9400 Grossmont Ave. #207	588	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7250 University Ave.	626	Now	\$1.25 FS	Erik Egelko	SVN Asset Advisors	805-415-1914	2nd Story Office Space
8753 Campo Rd. #D	675	Now	\$1.38 MG	Lana Mshik	Coldwell Banker	951-225-5279	
7250 University Ave.	686	Now	\$1.25 FS	Erik Egelko	SVN Asset Advisors	805-415-1914	2nd Story Office Space
7853 El Cajon Blvd. #A	711	Now	\$2.10 MG	Brian Jenkins	Com. Asset Advisors	858-360-3600	Sublease
5565 Grossmont Center Dr. #205	711	Now	Negotiable	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
7250 University Ave.	728	Now	\$1.25 FS	Erik Egelko	SVN Asset Advisors	805-415-1914	2nd Story Office Space
5565 Grossmont Center Dr. #357	748	Now	\$2.95 FS	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
5565 Grossmont Center Dr. #202	764	Now	Negotiable	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
7839 University Ave. #105	777	Now	\$1,100/mo.	Vanessa Reza	Pacific Coast Com.	619-469-3600	La Mesa Professional Bldg.
7853 El Cajon Blvd. #J	803	Now	\$1,200/mo.	Brian Jenkins	Com. Asset Advisors	858-360-3600	Sublease
9400 Grossmont Ave. #205	808	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7839 University Ave. #103-B	815	Now	\$1,300/mo.	Vanessa Reza	Pacific Coast Com.	619-469-3600	La Mesa Professional Bldg.
7373 University Ave. #211	849	Now	\$1.20 NNN	Derek Applbaum	Colliers	858-677-5331	Open Area 1 Office
7853 El Cajon Blvd. #C	861	Now	\$950/mo.	Brian Jenkins	Com. Asset Advisors	858-360-3600	Sublease
8753 Campo Rd. #A	880	Now	\$1.38 MG	Lana Mshik	Coldwell Banker	951-225-5279	
8875 La Mesa Blvd.	900	Now	Call	Josh Fulks	Colliers	858-677-5366	
9400 Grossmont Ave. #100	904	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
6942 University Ave. #C	950	Now	\$1.50 NNN	Venk Adigopula		619-504-5830	
7373 University Ave. #205	989	Now	\$1.20 NNN	Derek Applbaum	Colliers	858-677-5331	Open Area 1 Office
7339 El Cajon Blvd. #D	1,050	Now	Call	Ron Reynolds	Cal Commercial	619-306-3314	Medical Condo For Sale
5480 Baltimore Dr. #215	1,063	Now	\$1.65 MG	Brian Jenkins	ECP Commercial	619-442-9200	Professional Office Suites

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8753 Campo Rd. #E	1,100	Now	\$1.38 MG	Lana Mshik	Coldwell Banker	951-225-5279	
5480 Baltimore Dr. #211	1,117	Now	\$1.65 MG	Brian Jenkins	ECP Commercial	619-442-9200	Professional Office Suites
7435 University Ave.	1,120	Now	\$1.50 + Elect.	Erik Egelko	SVN Asset Advisors	805-415-1914	
7435 University Ave. #103	1,120	Now	Call	Terry Ross	DLA Piper	619-699-2749	
5119 Garfield St.	1,200	Now	Call	Josh Fulks	Colliers	858-677-5366	
8881 Fletcher Pkwy. #290	1,214	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
7484 University Ave. #240	1,222	Now	\$1.15 + Elec.	Peter Wright	Quality First	619-243-8450	La Mesa Professional Bldg.
5565 Grossmont Center Dr. #210	1,250	Now	Negotiable	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
9400 Grossmont Ave. #204	1,302	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
9400 Grossmont Ave. #203	1,306	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
9400 Grossmont Ave. #301	1,308	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7777 Alvarado Rd. #700	1,337	30 days	\$2.25 + Utl	Jon Boland	Voit	858-458-3312	Allied Plaza Sublease
7859 El Cajon Blvd. #B	1,440	30 Days	\$1.43 FSG	Erika Brooks	Colliers	619-249-9202	Office/Retail Use
5282 Baltimore Dr. 1 st Floor	1,500	Now	\$1.40 NNN	Brian Jenkins	Com. Asset Advisors	858-360-3600	Baltimore West Center
8881 Fletcher Pkwy. #350	1,539	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
7777 Alvarado Rd. #412	1,636	Now	\$2.35 + Utl	Kipp Gstettenbauer	Voit	858-458-0505	Allied Plaza
7777 Alvarado Rd. #302	1,636	Now	Call	Kipp Gstettenbauer	Voit	858-458-0505	Allied Plaza
7777 Alvarado Rd. #716	1,640	30 days	\$2.25 + Utl	Jon Boland	Voit	858-458-3312	Allied Plaza Sublease
7777 Alvarado Rd. #706	1,640	30 days	\$2.25 + Utl	Jon Boland	Voit	858-458-3312	Allied Plaza Sublease
7777 Alvarado Rd. #314	1,646	Now	\$2.35 + Utl	Kipp Gstettenbauer	Voit	858-458-0505	Allied Plaza
8807 Grossmont Blvd. 1 st Floor	1,700	Now	Negotiable	Austin Diaz	Duhs Commercial	619-41-0335	Relet
5565 Grossmont Center Dr. #214	1,844	Now	Negotiable	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
5565 Grossmont Center Dr. #229	1,874	Now	Negotiable	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
5565 Grossmont Center Dr. #540	1,899	Now	Negotiable	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
5565 Grossmont Center Dr. #525	1,899	Now	Negotiable	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
8881 Fletcher Pkwy. #370	1,905	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
9400 Grossmont Ave. #206	1,926	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7339 El Cajon Blvd. #A	1,930	Now	Call	Ron Reynolds	Cal Commercial	619-306-3314	Medical Condo For Sale
6903 University Ave.	1,983	Now	\$725,000	Max Stone	Voit	858-458-3348	Free Standing Retail - Sale
9400 Grossmont Ave. #302	2,000	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7373 University Ave. #110	2,058	Now	\$1.20 NNN	Derek Applbaum	Colliers	858-677-5331	2 Office Areas
7339 El Cajon Blvd. #C	2,200	Now	Call	Ron Reynolds	Cal Commercial	619-306-3314	Medical Condo For Sale
8691 Echo Dr.	2,200	Now	Call	Tom Morgan	Duhs Commercial	619-491-0048	Small Church Building
7339 El Cajon Blvd. #B	2,250	Now	Call	Ron Reynolds	Cal Commercial	619-306-3314	Medical Condo For Sale
9400 Grossmont Ave. #202	2,252	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit

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8881 Fletcher Pkwy. #360	2,434	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
7339 El Cajon Blvd. #E	2,600	Now	Call	Ron Reynolds	Cal Commercial	619-306-3314	Medical Condo For Sale
7863 La Mesa Blvd. #202	2,643	Now	\$2.20	Derek Hulse	Cushman Wakefield	858-334-4005	SAICO Building
8881 Fletcher Pkwy. #241	2,648	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
9400 Grossmont Ave. #201	2,694	Now	\$2.25 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7811 La Mesa Blvd.	3,000	Now	\$2.00 + Utl.	Erik Egelko	SVN Asset Advisors	805-415-1914	Dental Office
4371 Palm Ave. 2 nd Floor	3,000	Call	\$\$1.50 MG.	Mark Robak	SDCRE	619-778-3800	
5565 Grossmont Center Dr. #299	3,094	Now	\$2.95 FS	Travis Ives	Cushman Wakefield	858-334-4041	Divisible to 1,250 SF
5565 Grossmont Center Dr. #214	3,094	Now	\$2.95 FS	Travis Ives	Cushman Wakefield	858-334-4041	Grossmont Medical Center
8923 La Mesa Blvd.	3,200	Now	\$1,100,000	Mike Habib	Coldwell Banker	619-463-6600	For Sale
5555 Jackson Dr. #200	3,900	Now	\$2.00 + Elec	Kipp Gstettenbauer	Voit	858-458-0505	Office/Retail Bldg.
7424-7474 El Cajon Blvd. 1 st Floor	5,816	Now	Call	Kyle Clark	Intersection CRE	619-577-4558	Also For Sale
7424-7474 El Cajon Blvd. 2 nd Floor	5,816	Now	Call	Kyle Clark	Intersection CRE	619-577-4558	Also For Sale
7862 El Cajon Blvd. 1 st Floor	9,367	Nov. 2020	Negotiable	Ryan Foley	Colliers	858-455-1515	Medical Office
7862 El Cajon Blvd. 2 nd Floor	9,367	Nov. 2020	Negotiable	Ryan Foley	Colliers	858-455-1515	Medical Office
5150 Jackson Dr.	11,000	Now	Call	Chris Bury	Foundry Commercial	949-939-6238	Former Church Bldg.

Total Office Space Available 151,591 SF NNN = Triple Net; MG = Modified Gross; FS = Full Service

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