

LA MESA WALKS!



January & February



Morning walks are slower paced: 1-2 mi. Evening walks are faster paced & include hills: ~3 mi.

Tuesday | January 7 | 4:00-5:30 PM

Meet at Briercrest Park
9001 Wakarusa St., La Mesa

Tuesday | January 14 | 9:00-10:30 AM

Meet at the La Mesa Library
8074 Allison Ave., La Mesa

Tuesday | January 21 | 9:00-10:30 AM

Meet at Lake Murray near the Boat Docks
Enter through Kiowa St.

Interpretive walk about what bubble gum looks like on reeds

Tuesday | January 21 | 4:00-5:30 PM

Meet at Sunset Park
5540 Lake Park Way, La Mesa



After the walk stop by Sombreros and receive a FREE TACO with purchase!

Tuesday | January 28 | 9:00-10:30 AM

Meet at the Porter Park Gazebo
8450 La Mesa Blvd., La Mesa

Join us before the walk for an
Active Transportation Workshop at 8:00 AM
at the Adult Enrichment Center

For more information
619.667.1300

srts@cityoflamesa.us

www.cityoflamesa.us/urbantrails



Tuesday | February 4 | 4:00-5:30 PM

Meet at Aztec Park
7945 Morocco Dr., La Mesa

Tuesday | February 11 | 9:00-10:30 AM

Meet at the La Mesa Library
8074 Allison Ave., La Mesa

Tuesday | February 18 | 9:00-10:30 AM

Meet at Lake Murray near the Ball Fields
6311 Park Ridge Blvd., San Diego

Interpretive walk about the difference between bats and birds

Tuesday | February 18 | 4:00-5:30 PM

Meet at Collier Park
4401 Palm Ave., La Mesa

Tuesday | February 25 | 9:00-10:30 AM

Meet at the Porter Park Gazebo
8450 La Mesa Blvd., La Mesa

BONUS WALK!

SATURDAY | February 29

Noon - 1:00 PM

Meet at the Spacebar Café
7454 University Ave., La Mesa

Join us before the walk for an
Active Transportation Workshop at 10:00 AM

Join the "Connect La Mesa" Meetup group for updates

**Rain will cancel walks*