



**CITY OF  
LA MESA**  
JEWEL of the HILLS

# Office Space Available

## April 2021

LOCATION	SF Available	Date Available	Rate	Broker/ Representative	Brokerage or Firm	Telephone	Comment
5575 Lake Park Way #100-19	100	Now	Negotiable	Roc Beas	Com. Asset Advisors	858-360-3000	Lake Park Plaza
5360 Jackson Dr. #218-B	116	Now	\$3.66/MO	Mike Conger	Com. Asset Advisors	858-360-3000	
5360 Jackson Dr. #218-A	135	Now	\$3.14/MO	Mike Conger	Com. Asset Advisors	858-360-3000	
7839 University Ave.#103-D	152	Now	\$2.96 MG	Vanessa Reza	Pacific Coast Comm.	619-469-3600	
5575 Lake Park Way #100-20	154	Now	Negotiable	Roc Beas	Com. Asset Advisors	858-360-3000	Lake Park Plaza
8415 La Mesa Blvd. #3	165	Now	\$4.84/MO	Matt Monterroso	Com. Asset Advisors	858-285-3769	
5575 Lake Park Way #100-01	209	Now	\$2.87/MO	Roc Beas	Com. Asset Advisors	858-360-3000	Lake Park Plaza
5575 Lake Park Way #100-15	229	Now	\$2.40/MO	Roc Beas	Com. Asset Advisors	858-360-3000	Lake Park Plaza
5575 Lake Park Way #100-18	229	Now	\$2.40/MO	Roc Beas	Com. Asset Advisors	858-360-3000	Lake Park Plaza
7705-7745 El Cajon Blvd.	325	Now	Negotiable	Ryan King	Voit	858-458-0505	Aragon Condos
4730 Palm Ave.	330	Now	Call	Mark Robak	SDCRE	619-778-3800	Heller Building
5480 Baltimore Dr. #200	415	Now	\$2.17/MO	Roc Beas	Com. Asset Advisors	858-360-3000	
7400 El Cajon Blvd. #305	458	Now	Call	Lea Quackenbush	Cal-Prop Realty	858-768-4311	Office/Retail Space
7484 University Ave. #250	518	Now	#1.35/MO.	Michael Wokuluk	QFC Real Estate	619-243-8459	
8432 Lemon Ave.	525	Now	\$2.66	Vanessa Reza	Pacific Coast Comm.	619-469-3600	
7870 El Cajon Blvd. #C	596	Now	\$1.65 NNN	Vanessa Reza	Pacific Coast Comm.	619-469-3600	Possible 3,105 SF
5875 El Cajon Blvd. #204	700	Now	\$1.42	Pat Geary	CEG Advisors	858-737-9837	
5565 Grossmont Center Dr. #205	711	Now	Negotiable	Joe Zurek	Cushman Wakefield	858-558-5612	Grossmont Medical Center
5565 Grossmont Center Dr. #119	731	Now	Negotiable	Joe Zurek	Cushman Wakefield	858-558-5612	Grossmont Medical Center
9019-9029 Park Plaza Dr. #C	770	Now	\$1.99 + Elect.	Mike Conger	Com. Asset Advisors	858-360-3000	Park Plaza Center
5565 Grossmont Center Dr. #115	774	Now	Negotiable	Joe Zurek	Cushman Wakefield	858-558-5612	Grossmont Medical Center
7171 Alvarado Rd. #200	800	Now	\$1.36 FSG	Nicki Jones	Integrity Plus	619-546-4999	
7853 El Cajon Blvd. #C	816	Now	\$1.47/MO	Roc Beas	Com. Asset Advisors	858-360-3000	
5575 Lake Park Way #104	862	Now	Negotiable	Roc Beas	Com. Asset Advisors	858-360-3000	Lake Park Plaza
8911 La Mesa Blvd. #206	880	Now	\$140 NNN	Tyler Mckee	Pacific Coast Comm.	619-549-1438	
9019-9029 Park Plaza Dr. #AA	921	Now	\$1.99 + Elect.	Mike Conger	Com. Asset Advisors	858-360-3000	Park Plaza Center
7839 University Ave. #107	938	Now	\$1.59 MG	Vanessa Reza	Pacific Coast Comm.	619-469-3600	
8911 La Mesa Blvd. #106	960	Now	\$1.65 NNN	Tyler Mckee	Pacific Coast Comm.	619-549-1438	
7839 University Ave.#106	1,047	Now	\$1.59 MG	Vanessa Reza	Pacific Coast Comm.	619-469-3600	
5875 El Cajon Blvd. #102	1,050	Now	\$1.42	Pat Geary	CEG Advisors	858-737-9837	
5875 El Cajon Blvd. #203	1,050	Now	\$1.42	Pat Geary	CEG Advisors	858-737-9837	

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## La Mesa Office Space Available April 2021

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5480 Baltimore Dr. #103	1,056	Now	\$1.75/MO	Roc Beas	Com. Asset Advisors	858-360-3000	
7373 University Ave.	1,139	Now	\$1.80/MO.	Derek Applbaum	Colliers	858-677-5331	Medical Office
8881 Fletcher Pkwy. #290	1,214	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
8372 University Ave.	1,225	Now	\$775,000	Anthony Goros	Pacific Coast Comm.	630-247-5887	
7877 Parkway Dr. #2C	1,250	Now	\$2.70 NNN	Glenn Cook	King Development	619-742-9300	Medical Office
9400 Grossmont Blvd. #204	1,302	Now	\$2.00 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
9400 Grossmont Blvd. #203	1,306	Now	\$2.00 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
9400 Grossmont Blvd. #301	1,308	Now	\$2.00 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7777 Alvarado Rd. #113	1,346	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza
7777 Alvarado Rd. #700	1,398	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza
7777 Alvarado Rd. #720	1,409	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza
8881 Fletcher Pkwy. #385	1,450	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
7339 El Cajon Blvd. #H	1,500	Now	Call	Matt Reynolds	Cal Commercial	619-847-5351	Medical Condo For Sale
8321 Lemon Ave.	1,515	Jan. 2021	\$2.25	Mark Robak	SDCRE	619-778-3800	Divisible to 865 SF
5480 Baltimore Dr. #250	1,680	Now	Negotiable	Roc Beas	Com. Asset Advisors	858-360-3000	
7777 Alvarado Rd. #702	1,714	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza
7777 Alvarado Rd. #716	1,715	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza
5565 Grossmont Center Dr. #214	1,844	Now	Negotiable	Joe Zurek	Cushman Wakefield	858-558-5612	Grossmont Medical Center
8530 La Mesa Blvd. #208	1,860	Now	\$2.25 MG	Brian Crepeau	Pacific Coast Comm.	619-469-3600	
5565 Grossmont Center Dr. #229	1,874	Now	Negotiable	Joe Zurek	Cushman Wakefield	858-558-5612	Grossmont Medical Center
8881 Fletcher Pkwy. #370	1,905	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
7777 Alvarado Rd. #201	1,912	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza
9400 Grossmont Blvd. #302	2,000	Now	\$2.00 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7125 El Cajon Blvd. #6	2,170	Now	\$1.40/ MO.	Erik Wiese	Wiese & Associates	619-593-3600	La Mesa Office Plaza
9400 Grossmont Blvd. #202	2,252	Now	\$2.00 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
4700 Spring St. #203	2,320	Now	\$2.25	Derek Hulse	Cushman Wakefield	858-334-4005	La Mesa Village Plaza
5575 Lake Park Way #211	2,436	Now	Negotiable	Roc Beas	Com. Asset Advisors	858-360-3000	Lake Park Plaza
7051 Alvarado Rd.	2,500	Now	\$7.00 NNN	Mike Habib	Coldwell Banker	619-463-6600	Medical Office
7339 El Cajon Blvd. #J	2,600	Now	Call	Matt Reynolds	Cal Commercial	619-847-5351	Medical Condo For Sale/lease
9400 Grossmont Blvd. #201	2,694	Now	\$2.00 NNN	Mark Robak	SDCRE	619-778-3800	Grossmont Summit
7339 El Cajon Blvd. #K	2,700	Now	Call	Matt Reynolds	Cal Commercial	619-847-5351	Medical Condo For Sale/lease
7870 El Cajon Blvd. #C	3,105	Now	\$1.65 NNN	Vanessa Reza	Pacific Coast Comm.	619-469-3600	Divisible to 596 SF
4700 Spring St. #300	3,315	Now	\$2.25	Derek Hulse	Cushman Wakefield	858-334-4005	La Mesa Village Plaza
5555 Jackson Dr. #200	3,900	Now	\$2.00 + Elec	Kipp Gstettenbauer	Voit	858-458-3345	Marie Savio Plaza
7777 Alvarado Rd. #715	4,351	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza

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7777 Alvarado Rd. #701	4,431	Now	\$2.35/MO	Kipp Gstettenbauer	Voit	858-458-3345	Allied Plaza
7051 Alvarado Rd. 2 <sup>nd</sup> Floor	5,000	Now	\$2.50 NNN	Mike Habib	Coldwell Banker	619-463-6600	Medical Office
5811 Amaya Dr.	5,952	Now	\$1,385,000	Tomas Golia	Pacific Coast Comm.	619-469-3600	Sale
7862 El Cajon Blvd. 1 <sup>st</sup> Floor	7,145	Now	Negotiable	Ryan Foley	Colliers	760-930-7924	Medical -Divisible to 2,500 SF
8200 La Mesa Blvd.	7,480	Now	Call	Derek Hulse	Cushman Wakefield	858-334-4005	Divisible to 3,080 SF
8881 Fletcher Pkwy. #105	9,984	Now	Call	Lars Eisenhauer	CBRE	760-438-8534	Fletcher Pkwy Medical Center
8911 La Mesa Blvd.	13,978	Now	\$3,000,000	Tyler McKee	Pacific Coast Comm.	619-549-1438	Sale

**Total Office Space Available      141,091 SF      NNN = Triple Net   MG = Modified Gross   FS = Full Service**

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