

# LA MESA WALKS!



## March and April



*Morning walks are slower paced: 1-2 mi. Evening walks are faster paced & include hills: ~3 mi.*

**Tuesday | March 3 | 4:00-5:30 PM**

Meet at Northmont Park  
6030 Severin Drive, La Mesa

**Tuesday | March 10 | 9:00-10:30 AM**

Meet at the La Mesa Library  
8074 Allison Avenue, La Mesa

**Tuesday | March 17 | 9:00-10:30 AM**

**CANCELED**

**Tuesday | March 17 | 5:00-6:30 PM\***

**CANCELED**

**Tuesday | March 24 | 9:00-10:30 AM**

**CANCELED**

**Tuesday | April 7 | 5:00-6:30 PM**

Meet at Harry Griffen Regional Park  
9550 Milden Street, La Mesa

**Tuesday | April 14 | 9:00-10:30 AM**

Meet at the La Mesa Library  
8074 Allison Avenue, La Mesa

**Tuesday | April 21 | 9:00-10:30 AM**

Meet at Lake Murray near the Ball Fields  
6311 Park Ridge Blvd., San Diego

*Interpretive walk about why turkey vultures are called peace eagles*

**Tuesday | April 21 | 5:00-6:30 PM**

Meet at Rolando Park  
6600 Vigo Drive, La Mesa

*Experience the Rolando Catwalks*

**Tuesday | April 28 | 9:00-10:30 AM**

Meet at the Porter Park Gazebo  
8450 La Mesa Blvd., La Mesa

For more information

619.667.1300

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[www.cityoflamesa.us/urbantrails](http://www.cityoflamesa.us/urbantrails)



Join the "Connect La Mesa" Meetup group for updates

*Rain will cancel walks*