

LA MESA WALKS!



May & June



Join the "Connect La Mesa" Meetup.com group for updates

Wednesday | May 4 | 9:00-10:30 AM | Easy
Meet at Porter Park/ Adult Enrichment Center
8450 La Mesa Blvd., La Mesa

Wednesday | May 11 | 9:00-10:30 AM | Moderate
Meet at Harry Griffen Park
9550 Milden St., La Mesa

Wednesday | May 18 | 9:00-10:30 AM | Moderate
Meet at Northmont Park
6030 Severin Dr., La Mesa

Wednesday | May 25 | 9:00-10:30 AM | Easy
Meet at Jackson Drive
5870 Jackson Dr., La Mesa

For more information
619.667.1322
recreation@cityoflamesa.us
www.cityoflamesa.us/urbantrails

Please arrive 10 minutes early to sign in. Walks leave promptly at 9:00. Bring water and dress appropriately

Easy - 1.5-3 miles, mostly flat
Moderate - 1.5-3 miles, includes hills
Advanced - 1.5-5 miles, steep inclines

Wednesday | June 1 | 9:00-10:30 AM | Moderate
Meet at Sunset Park
5540 Lake Park Way, La Mesa

Wednesday | June 15 | 9:00-10:30 AM | Easy
Meet at Northmont Park
6030 Severin Dr., La Mesa

Wednesday | June 22 | 9:00-10:30 AM | Moderate
Meet at Community Garden
5100 Memorial Dr., La Mesa

Wednesday | June 29 | 9:00-10:30 AM | Easy
Meet at La Mesa Library
8074 Allison Ave., La Mesa



Rain will cancel walks.
Restrooms located at all
start/end points.